

# March 2010 Menu



# Holy Family Culinary Cuisine



*Linking nutrition to lifelong learning*

Sun	Mon		Wed	Thu	Fri	Sat
	<b>1</b> Popcorn Chicken Mashed Potatoes Steamed Corn	<b>2</b> Two Soft-Shell Tacos with all the Fixings Yellow Rice	<b>3</b> Belguim Waffle Sausage Links Fresh Fruit	<b>4</b> Bosco Sticks With Marinara Sauce Side of Elbow Macaroni	<b>5</b> <b>No School</b>	<b>6</b>
<b>7</b>	<b>8</b> <u>PK-5:</u> Kosher All-Beef Hot Dog Smile Fries <u>Gr. 6-8:</u> Chicken Caesar Wrap Smile Fries	<b>9</b> Chicken Patty on a Roll Chips of Choice	<b>10</b> Hamburger or Cheeseburger French Fries	<b>11</b> Chicken Tempura with LoMein Noodles Sweet & Sour Sauce on the side	<b>12</b> <u>Flipper's</u> Cheese Pizza Fresh Vegetables	<b>13</b>
<b>14</b>	<b>15</b> Mini Corn Dog Chips of Choice	<b>16</b> French Toast Sticks Sausage Links Fresh Fruit	<b>17</b>  Shamrock Shaped Chicken Nuggets Mashed Potatoes	<b>18</b> Lasagna with Meat Sauce Garlic Sticks	<b>19</b> <u>Cici's</u> Cheese Pizza Fresh Vegetables	<b>20</b>
<b>21</b>	<b>22</b> Boneless Chicken Wings Smiley Fries & Onion Rings Sweet Sauce or Hot Sauce	<b>23</b> Meatball Subs With Marinara Sauce Chips of Choice	<b>24</b> "A Taste of Asia" Shrimp Fried Rice Egg Roll	<b>25</b> Cheese Stuffed Ravioli with Spaghetti Sauce Garlic Bread	<b>26</b> <u>Flipper's</u> Cheese Pizza Fresh Vegetables	<b>27</b>
<b>28</b>	<b>29</b> Buttermilk Pancakes With Syrup Bacon Fresh Fruit	<b>30</b> Grilled Cheese Chips of Choice Pickles	<b>31</b> Pasta with Marinara Sauce Meatballs Garlic Sticks Fresh Fruit			

**Snacks will be available daily and in a consistent manner.**

Warm Cookies  
Popcorn  
Hot Pretzels  
Hot Nachos/Chips  
Fruit Slushies  
Ice Cream

Monday through Friday  
Monday  
Tuesday  
Wednesday  
Monday through Friday  
Monday through Thursday (free on Pizza Fridays)

**All lunches served with  
a Fresh Vegetable or  
Fruit, Beverage and  
Dessert of the Day.**

**All meals are baked,  
never fried,  
continuing to keep  
healthv eatina**